


THE PULSE BEAT



Volume 45, Number 3

March/April 2020

A Word from the Pastor

The church year season of Lent is about to begin. With **Ash Wednesday** on February 26th, we have **2 worship services** this year: A new worship offering is at 1:00 p.m. for those who prefer not to travel at night. And at 7:00 p.m. after our youth participants serve a pancake supper at 5:45 p.m. Both worship services will offer the distribution of ashes as a sign of repentance, and the sacrament of Holy Communion.

And for Lenten Wednesdays in 2020, after looking through our worship themes for the past 5 years or so, the readings and preaching theme will focus on the "Miracles of Christ." This has not been done in recent years.

Our worship services, as in the previous 3 years, will use the Liturgy for "Holden Evening Prayer." The hymns for Wednesday worship will center on Christ's miracles, as much as possible.

The schedule and themes, will be as follows:

---Ash Wednesday February 26th: *Exorcism as Freedom and Release.*

---Wed. March 4: *Healing as Restoration.*

---Wed. March 11: *Jesus feeding 5000 & then 4000 persons. The God who multiplies goodness & satisfies hunger.*

---Wed. March 18: *Nature, Water, & Storms. Christ's power over Creation.*

---Wed. March 25: *Jesus' raising the dead, & being raised.*

---Wed. April 1st: *God's Miracles Now!*

We will have meals at 5:45 p.m. on Lenten Wednesdays, before 7:00 p.m. worship.

Holy Week worship starts on Palm/Passion Sunday, April 5th where there will be a congregational reading of the Passion story according to Matthew.

Followed on Thursday April 9th with a Maundy Thursday Last Supper Communion Worship at 7:00 p.m. followed by the traditional stripping of the altar.

Good Friday in 2020, on April 10th, will offer 2 worship services, at 1:00 p.m., and the traditional evening Tenebrae. Service of shadows and stones, with passion readings and extinguishing of the candles, & the carrying in of the cross of crucifixion.

Holy Saturday, April 11th will have no worship service. However a prayer vigil will be open to the public at St. John from 4:00 - 5:30 p.m. where folks can come in and pray in the sanctuary, for 15 minutes at a time, for part of the time, or the whole time as you wish!

Devotional material, prayers, hymnbooks and Bibles will be available for those who wish to pray using these ways.

Easter Sunday April 12th, begins with an Easter breakfast served at 8:00 a.m. Then our Easter festival communion service follows at the regular Sunday time of 9:30 a.m., with much singing and celebrating of the Resurrection of Jesus the Christ, our Lord and Savior!

In any one or several, or all of these ways you are welcome to join us for these worship experiences. Invite a friend to join you! All believers are welcome to Holy Communion!
May a blessed Lent and Easter Season be yours!

Peace, *Pastor Jim*

GENERAL INTEREST NEWS

Pastor James O'Reilly-Christensen

Office hours: Monday – Thursday,
9:00 am – 4:00 pm
920 988-9059 (Cell)

E-mail: stjohnpastor1@hotmail.com

Office Manager: Robin Fatla

Church office hours: Monday – Friday,
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262-377-0410

E-mail: stjohnsecretary@hotmail.com

FaceBook: St. John Lutheran Church-
Grafton, WI

Congregation President – Sandy Allen

Vice President – Robin Fatla

Secretary – Sheila Kapke

Treasurer – Peter Viesselmann

Church Council:

Dennis Jaeger – Worship

Donna Dowe – Education

Audrey Crowell – Stewardship

Robin Fatla – Evangelism

OPEN - Finance

Joe Porth & Harold Immekus– Property &
Grounds

Sharlene Sandquist - Public Relations

Dennis Heusdens- Youth

Jane Turowski - Financial Secretary

Organist

St. John Choir Director

Glory Ringers Director

Flutist

Paula Juedes

Anita Misun

Dale Allen

Sandy Allen

Newsletter staff:

Robin Fatla & Sheila Kapke

Newspaper Deadline:

Articles due by the 3rd Sunday of each
month.

Church Phone Numbers:

Office: 262-377-0410 Fax: 262-377-0410

Pastor: 920 988-9059

E-Mail: (office) stjohnsecretary@hotmail.com

(pastor) stjohnpastor1@hotmail.com

FaceBook: St. John Lutheran Church-
Grafton, WI

GENERAL INTEREST NEWS

Remember in prayer: John Baretta

(nephew of Art & Audrey Crowell), Barb Beckner (friend of Judy McMullin), Clarice Buchholz (Mary Jaeger’s mother), Anna Bullio (great-granddaughter of Florence Van Cleave), Mark Bullio (Florence Van Cleave grandson-in-law), Chris Capelle (friend of Kay Freyer), Jenny Zarling Ceasar (goddaughter of Marian Witte), John Clasen, Frank DeGaetano (Borgne McClelland’s brother-in-law), Roger Faretra (Doug’s brother), Audrey Fischer (sister of Monica Faretra & Donna Dowe), Kevin Freier (Marian Witte’s grandson), Brian Gadzalinski (Suzette Travis’ son), Sugeily Garcia, Arleen Herman, Mary Jaeger, Sue Larson (cousin of Kay Freyer), Jerry Litvinoff (Jim’s brother), Rosemary Litvinoff (Jim’s mother), Margaret Marick (friend of Jim and Carole Litvinoff), Ken Matthews (Kayla Matthews’ father-in-law), Joanne McClelland (Robert McClelland’s sister-in-law), Ann, & Ed (Anita Misun’s family members), Sue Ellen Nelsen, Gerri Noack (friend of Florence Van Cleave), Sandy & Tom Nyenhuis (friend of Audrey Crowell), Nellie Padilla (Sugeily Garcia’s mother), Joe Porth, Eric & Karen Rautenberg (Sue Dowe’s mother & step dad), Kelly Robinson (friend of Don Burhop), Tom Rogahn, Ginny Scarborough (sister of Jackie Rogahn), Harry Seaman (friend of Kay Freyer), Wendy Tomter, Suzette Travis, Larry Van Cleave (Florence’s son), Tom White (Doug Faretra’s nephew), Jim Wick, Marian Witte, Kylene Wright

Military personnel: Kenn Matthews, Lisa & Jared Nelson, Kyle Christenson, Andy David, Cooper Hunt, Amber Martin

“Home away from home” members: Jeanine Burhop (sister of the late Marilyn Speranza) – Lasata; Tim McClosky & John Clasen – at home with sister Merry Lou Green; Joyce Koss – Serenity Villa, Slinger



Sunday
March 8

Set your
timepieces
ahead one
hour



- 3/5 CINDY PORTH
- 3/5 NICK CHRISTENSEN
- 3/7 KRISTIN SCHAUER
- 3/8 AUDREY ANDERSON
- 3/10 RENEE SCHAUER
- 3/10 LATASHA REINDL
- 3/11 ROGER WENDORF
- 3/13 TOM ROGAHN
- 3/13 TAYLOR (CHRISTENSEN)
BORGERDING
- 3/16 ANITA LUCHT
- 3/21 LIZ ALLEN
- 3/22 LINDSEY DRESCHER
- 3/24 MONICA FARETRA
- 3/29 ERIK BOELKOW
- 3/30 FLORENCE VAN CLEAVE
- 3/31 JOANNE LEVENICK
- 4/1 NERISSA HEUSDENS
- 4/4 PETER BRIEHL
- 4/7 WENDY TOMTER
- 4/11 ANITA MISUN
- 4/12 KASSIDY FATLA
- 4/15 JEANNE IMMEKUS
- 4/20 KAY FREYER
- 4/23 LAURA CHRISTENSON
- 4/23 DON BURHOP
- 4/25 SUE HAAS
- 4/28 JANE TUROWSKI
- 4/28 JAMES KAPKE
- 4/28 DENNIS HEUSDENS
- 4/30 LUCAS FATLA
- 4/30 ROBIN FATLA

Please notify Church Office if we have missed someone. Thank you!



- 4/27/2013 MATT & ANNETTE DEFENDI
- 4/30/2011 ADAM & HEATHER FIEDLER

Please notify Church Office if we have missed someone. Thank you!



&



Worship Schedules

Midweek Lenten Worship

Wednesday March 4, 11, 18, 25 &
April 1
Supper - 5:45 pm
Service - 7:00 pm

Palm Sunday, April 8

Procession with Palms - 9:30 am

Maundy Thursday, April 12

Worship - 7:00 pm

Good Friday, April 13

Worship - 7:00 pm

Easter Prayer Vigil, Saturday, April 14

4:00 - 5:30 pm

Day of Resurrection, April 15

Breakfast - 8:00 am
Worship/Holy Communion -
9:30 am





Circle Meetings in March & April:

Mary Martha Circle: Wednesday, March 4 & April 1, 9:30 AM at Pat Lampe home

Sarah Circle: Monday, March 9 & April 13, 1:00 PM at church

Grace Circle: Friday, March 13 & April 10, 10:00 AM at Audrey Anderson home



QUILTING DATES

Monday
March 9 & 23
April 13 & 27
9:00 - noon

EDUCATION NEWS



Sunday School teachers Sue Dowe and Nerissa Heusdens, look forward to having your children and grandchildren in Sunday School on the 1st and 3rd Sundays of each month at 11:00 am.

A children's sermon is presented every 3rd Sunday during the 9:30 am worship time.

Please join us! We look forward to seeing you



CHILD SEX TRAFFICKING

THE FOCUS FOR THE GREATER MILWAUKEE SYNODICAL WOMEN'S ORGANIZATION FOR 2020, IS GETTING THE WORD OUT ABOUT THE INCREASING SEVERITY OF THIS PROBLEM AND HOW TO COMBAT IT.

- ◆ THE GREATER MILWAUKEE AREA IS A MAJOR HUB FOR SEX TRAFFICKING OF CHILDREN AND ADULTS!
◆ THERE ARE VERIFIED CASES OF SEX TRAFFICKING IN EVERY COUNTY IN WISCONSIN INCLUDING OZAUKEE!
◆ 1 IN 4 CHILDREN IS A POTENTIAL VICTIM OF SEX TRAFFICKERS

FOR THE NEXT 7 MONTHS, THE WOMEN'S ORGANIZATION WILL BE SPONSORING EDUCATIONAL EVENTS TO HELP EDUCATE THE COMMUNITIES ON HOW TO IDENTIFY THE DANGER SIGNS, RISK FACTORS, AND TACTICS USED BY SEX TRAFFICKERS, AND HOW TO AVOID THEM.

THERE WILL BE AN EVENT IN OZAUKEE COUNTY ON THURSDAY EVENING, APRIL 23RD - TIME AND LOCATION ARE YET TO BE SET.

THIS IS A COMMUNITY PROBLEM SO PLEASE WATCH FOR THE DETAILS AND PLAN TO ATTEND WITH YOUR CHILDREN AND GRANDCHILDREN

On Valentine's Day, **Gratitude Baskets** filled with baked and other goodies, were delivered to our "overnight heros" at the Grafton and Cedarburg Police Departments and the Ozaukee County Sheriff's Department to thank them for their service through the night hours.



Grafton Officer Justin Lawrenz and Robin Fatla



Cedarburg Officers L-R Steven Chojnacki, Dominic Andrews, Sam Roberts and Ranger



Ozaukee County Sheriff L-R Officer Santino Valente, Capt. Hermann, Lieutenant Justin Kaas, Deputy Jesse Sayotodich, and Sheriff Jim Johnson



March 2020

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 9:30 am - Holy Communion - Healing Service 10:45 am - Fellowship 11:00 am - Sunday School	2	3 Noon - Bible study at Flipside Café 6:30 pm - Glory Ringers 7:30 pm - St. John Choir	4 9:30 am - Mary Martha Circle Noon - Pastor's lunch study group 5:45 pm - supper 7:00 -worship	5 10:00 am - Bible study in library	6 Pastor's day off	7 Altar preparations
8 9:30 am - Holy Communion - 10:45 am - Fellowship Daylight Saving Time begins	9 9:00 am - quilting 1:00 pm - Sarah Circle	10 6:30 pm - Glory Ringers 7:30 pm - St. John Choir	11 9:00 am - Hospitality Team Noon - Pastor's lunch study group 5:45 pm - supper 7:00 pm - worship	12 10:00 am - Bible study in library	13 Pastor's day off	14 Altar preparations
15 9:30 am - Holy Communion - 10:45 am - Fellowship 11:00 am - Church Council 11:00 am - Sunday School	16	17 Noon - Bible study at Flipside Café 6:30 pm - Glory Ringers 7:30 pm - St. John Choir Robin vacation through 3/25	18 Noon - Pastor's lunch study group 5:45 pm - supper 7:00 pm - worship	19 10:00 am - Bible study in library 7:00 pm - Worship Committee	20 Pastor's day off	21 Altar preparations
22 9:30 am - Holy Communion - 10:45 am - Fellowship	23 9:00 am - Quilting	24 6:30 pm - Glory Ringers 7:30 pm - St. John Choir	25 Noon - Pastor's lunch study group 5:45 pm - supper 7:00 pm - worship	26 10:00 am - Bible study in library	27 Pastor's day off	28 Altar preparations
29 9:30 am - Holy Communion - 10:45 am - Fellowship	30	31 Noon - Bible study at Flipside Café 6:30 pm - Glory Ringers 7:30 pm - St. John Choir				

Worship Assistants for March:

Acolytes:

- 1 Usher Team #2 (Salger)
- 4 - Wed. - Usher Team #3
- 8 Addy Heusdens & Liz Drescher
- 11 - Wed. - Usher Team #1
- 15 Connor Dowe & Joshua Pritzlaff
- 18 - Wed. - Usher Team #2
- 22 Joshua Pritzlaff & Addy Heusdens
- 25 - Wed. - Usher Team #3
- 29 Usher Team #3 (Wendorf)

Cantors:

- 1 Robin Fatla
- 8 Carol Butt
- 15 Robin Fatla
- 22 Borgne McClelland
- 29 Robert McClelland

Assisting Ministers:

- 1 Gary Haas
- 8 Dale Allen
- 15 Dennis Jaeger
- 22 Sandy Allen
- 29 Gary Haas

Communion Assistant:

- 1 Judy McMullin
- 8 Monica Faretra
- 15 Bob Butt
- 22 Audrey Crowell
- 29 Judy McMullin

Communion Gifts:

- 1 Gary & Sue Haas
- 8 Suzette Travis
- 15 Heusdens Family
- 22 Audrey Crowell
- 29 Judy McMullin

Lectors:

- 1 Bob Butt
- 4 - Wed. - Gary Haas
- 8 Dennis Jaeger
- 11 - Wed. - Borgne McClelland
- 15 Robert McClelland
- 18 - Wed. - Judy McMullin
- 22 Sharlene Sandquist
- 25 - Wed. - Suzette Travis
- 29 Florence Van Cleave

Counting Teams:

- 1 Team #2
- 8 Team #3
- 15 Team #4
- 22 Team #5
- 29 Team #2

Flowers:

- 1 - OPEN
- 1 - OPEN
- 8 - Marion Meyer
- 8 - OPEN
- 15 - Marian Witte
- 15 - Anita Lucht
- 22 - OPEN
- 22 - OPEN
- 29 - Jeanine Burhop
- 29 - OPEN

Sunday Hosts:

- 1 - OPEN
- 8 - Tetzlaff Family
- 15 - Anita Lucht
- 22 - OPEN
- 29 - OPEN

Sunday Greeters:

- 1 Marion Meyer
- 8 OPEN
- 15 OPEN
- 22 OPEN
- 29 OPEN

Ushers:

- 1 Team #2 (Salger)
- 4 - Wed. - Team #3 (Wendorf)
- 8 Team #3 (Wendorf)
- 11 - Wed. - Team #1 (Tetzlaff)
- 15 Team #1 (Tetzlaff)
- 18 - Wed. - Team #2 (Salger)
- 22 Team #2 (Salger)
- 25 - Wed. - Team #3 (Wendorf)
- 29 Team #3 (Wendorf)

Altar Guild:

- 1 Sandy Allen & Robin Fatla
- 8 Sandy Allen & Robin Fatla
- 15 Donna Dowe & Cindy Porth
- 22 Donna Dowe & Cindy Porth
- 29 Sue & Rebecca Dowe



April 2020

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			1 9:30 am - Mary Martha Circle Noon - Pastor's lunch study group 5:00 pm - Confirmation class	2 10:00 am - Bible study in library	3 Pastor's day off	4 Altar preparations
5 Palm Sunday 9:30 am - Holy Communion - 10:45 am - Fellowship 11:00 am - Sunday School	6	7 6:30 pm - Glory Ringers 7:30 pm - St. John Choir	8 9:00 am - Hospitality Team Noon - Pastor's lunch study group	9 Maundy Thursday 7:00 pm - Worship/ Holy Communion	10 Good Friday 10:00 am - Grace Circle 1:00 pm - Worship 7:00 pm - Worship	11 Altar preparations 4:00 - 5:30 pm - Prayer Vigil
12 Day of Resurrection 8:00 am - Breakfast 9:30 am - Holy Communion -	13 9:00 am - Quilting 1:00 pm - Sarah Circle	14 Noon - Bible study at Flipside Café 6:30 pm - Glory Ringers 7:30 pm - St. John Choir	15 Noon - Pastor's lunch study group	16	17 Pastor's day off	18 Altar preparations
19 9:30 am - Holy Communion - 10:45 am - Fellowship 11:00 am - Sunday School	20	21 6:30 pm - Glory Ringers 7:30 pm - St. John Choir	22 Noon - Pastor's lunch study group 5:00 pm - Confirmation class	23 10:00 am - Bible study in library	24 Pastor's day off	25 Altar preparations
26 9:30 am - Holy Communion - 10:45 am - Fellowship	27 9:00 am - Quilting	28 Noon - Bible study at Flipside Café 6:30 pm - Glory Ringers 7:30 pm - St. John Choir	29 Noon - Pastor's lunch study group 5:00 pm - Confirmation class	30 10:00 am - Bible study in library		

Worship Assistants for April:

Acolytes:

- 5 - **Palm Sunday** - Addy Heusdens & Liz Drescher
- 9 - **Maundy Thursday** - Usher Team #2
- 10 - **Good Friday** - Usher Team #3
- 12 - **Easter** - Connor Dowe & Liz Drescher
- 19 - Joshua Pritzlaff & Addy Heusdens
- 26 - **Usher Team #1 (Tetzlaff)**

Cantors:

- 5 - **Palm Sunday** - Sharlene Sandquist
- 12 - **Easter** - Robin Fatla
- 19 - Carol Butt
- 26 - Robin Fatla

Assisting Ministers:

- 5 - **Palm Sunday** - Sandy Allen
- 9 - **Maundy Thursday** - Dale Allen
- 10 - **Good Friday** - Dennis Jaeger
- 12 - **Easter** - Gary Haas
- 19 - Dale Allen
- 26 - Sandy Allen

Communion Assistant:

- 5 - **Palm Sunday** - Audrey Crowell
- 9 - **Maundy Thursday** - Bob Butt
- 12 - **Easter** - Judy McMullin
- 19 - Monica Faretra
- 26 - Bob Butt

Communion Gifts:

- 5 - **Palm Sunday** - Sue Ellen Nelsen & Liz Drescher
- 9 - **Maundy Thursday** - OPEN
- 12 - **Easter** - Florence Van Cleave
- 19 - Gary & Sue Haas
- 26 - Suzette Travis

Lectors:

- 1 - **Wed.** - Sandy Allen
- 5 - **Palm Sunday** - Bob Butt
- 9 - **Maundy Thursday** - Carol Butt
- 10 - **Good Friday** - Sue Dowe
- 12 - **Easter** - Robin Fatla
- 19 - Gary Haas
- 26 - Dennis Jaeger

Counting Teams:

- 5 - **Palm Sunday** - Team #3
- 12 - **Easter** - Team #4
- 19 - Team #5
- 26 - Team #2

Flowers:

- 5 - Marian Witte (2)
- 12 - **Easter** - Evie Tetzlaff
- 12 - Robin Fatla
- 19 - Robin Fatla
- 19 - **OPEN**
- 26 - Jeanine Burhop
- 26 - Robin Fatla

Sunday Hosts:

- 5 - **OPEN**
- 12 - **Easter**
- 19 - Evie Tetzlaff
- 26 - Jeanine Burhop

Sunday Greeters:

- 5 - **Palm Sunday** - **OPEN**
- 12 - **Easter** - **OPEN**
- 19 - **OPEN**
- 26 - **OPEN**

Ushers:

- 1 - **Wed.** - Team #1 (Tetzlaff)
- 5 - **Palm Sunday** - Team #1 (Tetzlaff)
- 9 - **Maundy Thursday** - Team #2 (Salger)
- 10 - **Good Friday** - Team #3 (Wendorf)
- 12 - **Easter** - Team #2 (Salger)
- 19 - Team #3 (Wendorf)
- 26 - Team #1 (Tetzlaff)

Altar Guild:

- 5 - **Palm Sunday** - Sue & Rebecca Dowe
- 9 - **Maundy Thursday** - Carol Butt & Audrey Anderson
- 10 - **Good Friday** - **Volunteers**
- 12 - **Easter** - Carol Butt & Audrey Anderson
- 19 - Robin Fatla & Sandy Allen
- 26 - Robin Fatla & Sandy Allen

GENERAL INTEREST NEWS

Earth Day is an annual event celebrated around the world on April 22 to demonstrate support for [environmental protection](#). First celebrated in 1970, it now includes events coordinated globally by the Earth Day Network^[1] in more than 193 countries.^[2]



On Earth Day 2016, the landmark [Paris Agreement](#) was signed by the United States, China, and some 120 other countries.^{[3][4][5]} This signing satisfied a key requirement for the [entry into force](#) of the historic draft [climate protection treaty](#) adopted by consensus of the 195 nations present at the [2015 United Nations Climate Change Conference](#) in Paris.

In 1969 at a [UNESCO](#) Conference in San Francisco, [peace activist John McConnell](#) proposed a day to honor the Earth and the concept of peace, to first be celebrated on March 21, 1970, the first day of spring in the northern hemisphere. This day of nature's equi-
poise was later sanctioned in a proclamation written by McConnell and signed by Secretary General [U Thant](#) at the [United Nations](#). A month later a separate Earth Day was founded by United States Senator [Gaylord Nelson](#) as an environmental [teach-in](#) first held on April 22, 1970. Nelson was later awarded the [Presidential Medal of Freedom](#) award in recognition of his work.^[6] While this April 22 Earth Day was focused on the United States, an organization launched by [Denis Hayes](#), who was the original national coordinator in 1970, took it international in 1990 and organized events in 141 nations.^{[7][8]}

Numerous communities celebrate **Earth Week**, an entire week of activities focused on the environmental issues that the world faces. In 2017, the [March for Science](#) occurred on Earth Day (April 22, 2017) and was followed by the [People's Climate Mobilization](#) (April 29, 2017).



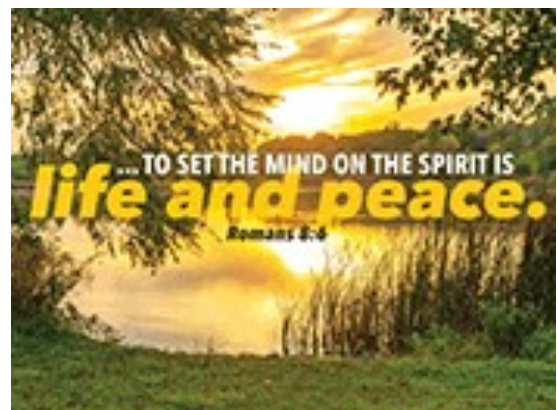
GENERAL INTEREST NEWS

Easter around the world

Easter traditions are important, but they vary widely. While Americans dye hardboiled eggs, Kenyans carve soapstone eggs and present them as gifts in banana-fiber boxes. In Bermuda, locals fly homemade kites on Good Friday — a tradition that began when a teacher illustrated Christ's ascension to heaven using a cross-shaped kite.

Ethiopian Christians observe a 56-day fast from meat and all animal products. On Easter, they dress in white to worship in churches decorated with hand-made fabric. Then they feast with non-Christians on roast chicken, goat and rice.

In France, church bells are silent between Holy Thursday and Easter to observe Jesus' Passion. According to legend, the bells grow wings and fly to Rome to be blessed, returning on Easter with chocolate and presents. In one town's main square, chefs make a *giant omelet with 4,500 eggs to feed 1,000 people!*

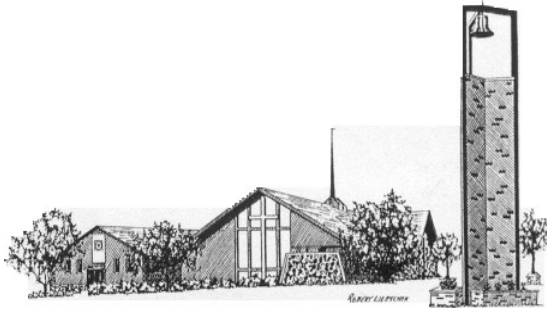


March/April 2020 Pulse Beat

St. John Lutheran Church

"In God's Word, Serving You and the World"

1193 Lakefield Road
Grafton, WI 53024
Address Service Requested



IT IS OUR MISSION as people called by God into the Congregation of St. John Lutheran Church to:


- Proclaim the Gospel in worship and daily life.
- Study and teach God's Word.
- Fellowship among people of this congregation.
- Serve people in our surrounding community.

This is the **MISSION** and **MINISTRY** that we accept as fellow Christians at St. John Evangelical Lutheran Church of Lakefield.

"Faithfully Serving Christ Since 1866"


Worship Schedule

- Sunday Morning - 9:30 a.m.
- Education hour - 11:00 a.m.



Picturing the Lord's Supper

Jesus ate the Passover meal with his disciples as a symbol of the new covenant.



Directions: Use the picture clues to fill in key words from Luke 22:19-20, NIV.

And he took _____, gave _____ and _____ it, and gave it to them, saying, "This is my _____ given for you; do this in _____ of me." In the same way, after the supper he took the cup, saying, "This _____ is the new _____ in my blood, which is _____ out for you."

LUKE 22:19-20, NIV

Answer: bread, thanks, broke, body, remembrance, cup, covenant, poured